

APRIL

2023



CENTRAL & GLENDALE PRE K

APRIL
AUTISM
AWARENESS MONTH



Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
Campfire S'more Bar Raisins Orange Juice White Milk 1%	Dream Waffle Mixed Fruit Cup Apple Juice White Milk 1%	Dunkin Stix Flavored Craisins Apple Juice White Milk 1%	Donut Holes Fresh Apple Slices bag Apple Juice White Milk 1%	Breakfast Bread Slice Applesauce Cup Orange Juice White Milk 1%	Cal 491 T.Fat 11.70 G S.Fat 4.7 G Chol 18.4 Mg Sodm 362.60 Mg Carb 85.60 G

* Denotes Item Contains Pork

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
3 Crazy Cheese Bread Marinara Cup Steamed Cauliflower Chilled Mandarin Oranges White Milk 1%	4 Chicken Patty on Bun Broccoli and Dip Carrot Sticks Strawberry Kiwi Slushie White Milk 1%	5 Oven Fried Chicken Drumstick Corn Loaf Corn Carrot Sticks Applesauce Cup White Milk 1%	6 Domino's Pizza Garden Salad & Dressing Green Beans Peach Cup White Milk 1%	7 NO SCHOOL TODAY!  GOOD FRIDAY!	Cal 618 T.Fat 19.25 G S.Fat 5.4 G Chol 58.0 Mg Sodm 1012.38 Mg Carb 82.60 G Fiber 8.0 G
10 NO SCHOOL TODAY!  EASTER MONDAY!	11 Bearcat Pizza Bagel Green Beans Carrot Sticks Mixed Fruit Juice 100% White Milk 1%	12 Taco Wedges Salsa Cup Corn Fresh Apple Slices bag White Milk 1%	13 Domino's Pizza Chick Pea Salad Carrot Sticks Applesauce Cup White Milk 1%	14 Cheese Quesadilla Garden Salad & Dressing Fresh Banana White Milk 1%	Cal 602 T.Fat 18.26 G S.Fat 7.1 G Chol 37.0 Mg Sodm 1002.44 Mg Carb 84.59 G Fiber 8.5 G

Ingredients and menu items are subject to change or substitution without notice.

"This Institution is an equal opportunity provider."


Free and Reduced meals are available to all children who may qualify. If you think you may be eligible, or if your income situation has changed, you can apply at anytime. Simply fill out a current 2022-2023 application or go to the district website on the Nutrition page and click on the online application link anywhere, anytime on the Titan Family Portal. If you have any questions about the Free and Reduced meal program please call 440-439-4530.

April 2023



CENTRAL & GLENDALE PRE K

APRIL 22, 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
17 Corn Puppies (turkey) & Condiments Dragon Punch Juice Carrot Sticks Pineapple Tidbits White Milk 1%	18 Chicken Nuggets w/ BBQ Goldfish wg Corn Vegetarian Baked Beans Chilled Peaches White Milk 1%	19 Rotini Pasta w/ Meat Sauce Garlic Twist Veggie California Blend Chilled Pears White Milk 1%	20 Domino's Pizza Red Veg Plate Peas Mixed Fruit Cup White Milk 1%	21 NO SCHOOL TODAY!  Celebrate Earth Day!	Cal 631 T.Fat 17.42 G S.Fat 6.2 G Chol 49.3 Mg Sodm 1101.69 Mg Carb 91.35 G Fiber 9.2 G Prtn 29.55 G Iron 3.19 Mg Calc 531.66 Mg Vit A 36.16 RE Vit C 49.73 Mg
24 Cheese Stuffed Breadstick w/ Dip Green Beans Apple Crisps White Milk 1%	25 Walking Taco Salsa Cup Chick Pea Salad Chilled Peaches White Milk 1%	26 Cheeseburger Minis Peas Broccoli Applesauce Cup White Milk 1%	27 Domino's Pizza Broccoli and Dip Carrot Sticks Fresh Apple White Milk 1%	28 Pop Corn chicken Goldfish wg Cooked Carrots Steamed Cauliflower Apple Juice White Milk 1%	Cal 563 T.Fat 17.76 G S.Fat 6.2 G Chol 51.7 Mg Sodm 1021.57 Mg Carb 74.79 G Fiber 9.6 G Prtn 30.17 G Iron 3.11 Mg Calc 559.68 Mg Vit A 23.32 RE Vit C 36.02 Mg

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